

### Community Education



Class Listings



### GRAND ISLAND CENTRAL SCHOOL DISTRICT



Winter 2008 Community Education Brochure 1100 Ransom Road Grand Island, New York 14072 773-8864 (Night Line-school nights only: 773-8820)



























Welcome to the Winter 2008
Community Education Program. We hope you enjoy the new format.
Please join us this winter for a variety of classes including basketball, stained glass, defensive driving, pilates and so much more!
Sincerely,
Jenepher Banker



### Community Education Advisory Board Peter Rellanca Mary Ann Kruk

Peter Bellanca Marion Fabiano Theadore Korkuc Mary Ann Kruk Mary Ellen Kipley Kathleen Baker Hoppel

### **Community Education Staff**

Jenepher Banker				 			 			Director
Amy Nicolia										. Clerical

### **HOW TO REGISTER:**

- **1. Mail in registration:** Mail in your registration by using the form in the back of this brochure and enclosing required fee(s). Registration forms can also be downloaded from the district Web Site, **www.k12.ginet.org.** All mail registrations must reach the school NO LATER THAN January 23rd and will be given priority according to the date received in the Community Education office.
- **2. <u>NOTIFICATION WILL NOT BE SENT IF ACCEPTED INTO CLASS:</u>** You will be contacted **only** if we are unable to register you for a course. Please write the course number on the registration form.
- **2. Walk it in:** The Community Education office is located in the Grand Island High School, Room #145. We will also have one night of walk-in registration on Monday, January 28 from 6-7:00 in the entrance of the Grand Island High School. Please register early as some classes may be filled or cancelled.
- **2. Age Requirement:** Students must be 18 years or older to enroll in an adult class.

### **GENERAL INFORMATION:**

**Fees:** The fee for each class is listed with each course description. Make check payable to "Grand Island Schools." Certain classes include lab fees payable to the instructors on the first night of class. A \$20 fee will be charged for any checks returned by the bank. Some classes offer a senior citizens discount (SC). Senior age = 60+

**Cancellation information:** If a class is filled or cancelled, the full fee will be refunded. Personal requests for cancellation must be made at least 2 business days prior to the start of the class to receive a refund.

### **TELEPHONE INQUIRIES:**

Inquiries for information will be accepted between 11:45-3:45 Monday through Thursday and 8:00-11:00 on Friday at 773-8864. If you would like to teach a community education course or suggest a new course offering, contact the Director, Jenepher Banker at 773-8864 (days).

### COMMUNITY EDUCATION SCHEDULE AND LOCATION:

The Winter session begins the week of January 28. Most classes meet for 10 sessions. All classes are held at the Grand Island High School and Middle School on Ransom Road unless otherwise specified. Community Education activities will be cancelled when regular day school sessions are cancelled due to holidays, bad weather, or other emergencies. One week only, at the end of the ten-week semester, has been allotted for making up cancelled classes. Unless noted, a maximum of 25 students per class will be allowed. A minimum of 8 students will be required for most classes.

**SCHOOL CLOSINGS:** In the event the school is closed due to weather conditions or an emergency, all Community Education classes will be closed without further notification. We will announce it on the following radio stations: WBEN (930am), WKBW (1520 am), WGR (550 am), WHLD (1270 am), WJYE (96.1 fm), WYRK (106.5fm), WHTT (104 fm), WBFO (1080), and TV Channels 2,4 & 7.

Community Education Classes will not meet on the following Dates: February 18-22 March 21 & 24 April 14-18

## FINE ARTS & CRAFT

### **REDWORK QUILTING**

### Course # FAC 108 **Bernadette Keitz**

Please come join the fun and learn a favorite turn of the century technique called REDWORK and alternative settings for these blocks. We will also be working on our previous projects. Come and finish the quilt you have started or bring in the pattern of your choice.

Day: Mon. (10 weeks) Class Begins: January 28

Time: 7:00-9:00

Fee: \$50 SC: \$38 Room # HS Senior Cafeteria



### **OIL & ACRYLICS** Course #FAC 208 **Larry Chirico**

Geared towards beginning and advanced students, a variety of techniques, seascapes, still life and flowers. Students will provide their own materials. The instructor will assist beginners in the choice of equipment. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas. Lab Fee: \$5 payable to instructor on the first night of class.

Day: Mon. (10 weeks) Time: 6:30-9:00

Class Begins: January 28

Fee: \$55 SC: \$40 Room #HS 121B

### **WATERCOLOR** Course # FAC308 **Larry Chirico**

Watercolor is not the difficult medium some perceive it to be. It lends itself to a free and spontaneous approach. Beginning and intermediate students are welcome. Instruction in drawing will be included. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas. Lab Fee: \$5 payable to instructor on the first night of class.

Day: Tues. (10 weeks)

Class Begins: January 29

Time: 6:30-9:00

Fee: \$55 SC: \$40 Room # HS121B

### **ART CARICATURE / IMAGINATION & CREATION ART**

### Course #FAC408 **Cathy Bridgeman**

You don't have to be a great artist to take this class. All levels are welcome!! You just have to bring a wild imagination and like to laugh. This class will use everyday humorous life situations and portray them on paper and canvas. Please bring the following supplies to class:

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a sketch pad, drawing pencils, paints, brushes and a canvas.

Day: Mon. (10 weeks) Class Begins: January 28

Time: 6:00-8:00

Fee: \$55 SC: \$40 Room #HS121a

### **BEGINNING STAINED GLASS** Course #FAC508 Mary Beth Lee

Beginners will learn the proper techniques in cutting, foiling and soldering glass. Students must purchase all tools, supplies and glass (approximate cost \$100). Information about purchasing supplies will be available at the first class. All students must attend the first class and be 21 years of age or older.

Day: Tues. (8 weeks) Class Begins: January 29

Time: 6:00-8:30

Fee: \$45 Room #MS190



### **INTERMEDIATE STAINED GLASS**

### Course #FAC608 **Mary Beth Lee**

This class is for students who have completed the Beginning Stained Glass class. This is a workshop for students to get together and work on projects of their choice. The class will cover the following: edging techniques, how to put support in your project and different patinas to enhance your piece. Students must supply their own materials. Instructor will be on hand for guidance. Bring your project and join us! All students must be 21 years of age or older.

Day: Wed. (8weeks) Class Begins: January 30

Time: 6:00-8:30

Fee: \$45 Room #MS190

### **BUNNY HAT**

### Course # FAC708 Lynn Bennett

This adorable 18" hat will look great on your door or on any wall in your home. The hat is a bunny with long wired ears and is adorned with spring flowers and Easter eggs. As always refreshments will be served. Material fee of \$12.00 payable to the instructor at class. Remember to register early.

Day: Tuesday Class Date: March 11

Time: 7:00-10:00

Fee: \$15 Room # HS 121a

### SUMMER BRICKS Course # FAC808 Lynn Bennett

These two bricks will be a must for your walkway or garden. The bumblebee is adorned with a little hat and spring items. The ladybug is very cute with his wings slightly open. This one is nice front and back. As always refreshments will be served. Material fee of \$11.00 payable to the instructor at class. Remember to register early.

Day: Tuesday Class Date: April 8

Time: 6:30 -10:00

Fee: \$15 Room # HS 121a





### HALL WALKING Course #FIF108

### **Rosemary Hajnos**

Walk in the safe, monitored comfort of the school. Excellent exercise. Wear loose, comfortable clothing and good comfortable walking shoes or sneakers. This exercise is designed for all ages. Walk any time between the hours of 6:00 and 8:00.

Day: Mon.,Tues.,Wed.,Thurs. (10 weeks)
Class Begins: Jan. 28 Time: 6:00-8:00
Fee: \$15 Room #HS164/Halls



### COUNTRY LINE DANCING BASIC Course #FIF208 Richard & Barbara Brzyski

Scuff, slide and scoot while learning the easier country western line dances. Get exercise as you gain coordination and confidence. Leather or flat vinyl soles preferred. No sneakers or sandals.

Day: Mon. (10 weeks) Class Begins: January 28

Time: 8:15- 9:15

Fee: \$45 SC: \$34 Room # Sidway Fitness Room

### COUNTRY LINE DANCE-INTERMEDIATE Course #FIF308 Richard & Barbara Brzyski

Now that you have learned the basics, you can add some intermediate sequences needed to do complicated patterns. Come join us to exercise and develop experience doing some of the classics and new dances. Leather or flat vinyl sole shoes preferred. No sneakers or sandals.

Day: Mon. (10 weeks) Class Begins: January 28

Time: 7:00-8:00

Fee: \$45 SC: \$34 Room #Sidway Fitness Room

### **BALLROOM BASIC**

### Course #FIF408 Richard & Barbara Brzyski

Improve your spirits through dancing. Come get the basics of social dancing. Develop self-confidence, get some exercise, and enjoy a feeling of new energy. We will deal with the fox trot, waltz, rumba and more. Flat, vinyl or leather soled shoes are necessary.

Day: Thurs. (8 weeks) Class Begins: January 31

Time: 7:00-8:00

Fee: Couples only fee \$60 Room # Sidway Fitness Room



### **SWING BASIC**

### Course #FIF508 Richard & Barbara Brzyski

Learn East Coast Swing basics to get you on the dance floor. Feel comfortable dancing at parties or weddings. Have fun while getting exercise for the mind and body. Vinyl or leather-soled shoes are needed.

Day: Thurs. (8 weeks) Class Begins: January 31

Time: 8:15-9:15

Fee: Couples only fee \$60 Room # Sidway Fitness Room



## FITNESS & FUN

### LARRY BIRD BASKETBALL Course #FIF608, FIF708, FIF808 Christopher Taczak

An opportunity for 35 years and older "Kobe Bryants" to improve fitness by enjoying a friendly pick-up basketball game.

**FIF608** Day: Mon.(10 weeks) Class Begins: January 28 Time: 7:00-9:00

Fee: \$50 Room # HS New Gym

or

FIF708 Day: Wednesday (10 weeks)

Class Begins: January 30

Time: 7:30-9:30

Fee: \$50 Room # Huth Rd Gym

or

FIF 808 (max. 6 students) Day: Mon. & Wed. (10 weeks)

Fee: \$75

### **SCUBA DIVING**

### Course #FIF908 Patrick Wolfe

NAUI Scuba Diver Course- Earn your world recognized Scuba Certification from the National Association of Underwater Instructors while learning how to dive the safe and fun way. The course includes class room pool sessions, and two days of open water diving. Scuba equipment is included for the pool. In addition to the prepaid registration, there is a lab fee of \$154 paid to the instructor at the first class. Students will be required to provide their own snorkeling equipment by the second class and rent scuba equipment for the open water dives (\$99). For additional information and equipment requirements, contact the instructors at Dip 'n Dive Inc. at 837-3483.

Day: Wednesday Class Begins: Feb. 6 thru March12

Time: 7:00-10:00

Fees: \$35 (payable to Grand Island Schools)

Room # Pool/HS121A

Additional fees listed above payable at class.

### **PILATES**

### Course #FIF1008 Karen Warner

Pilates is a fitness conditioning system that combines elements of yoga and calisthenics, which promotes strength in the back and abdomen, and molds long, lean muscles in the hips and thighs. This course will be basic mat work. Wear comfortable clothing and

bring a mat or towel.

Day: Wed. (6 weeks) Class Begins: January 30

Time: 7:30-8:30

Fee: \$35 SC: \$25 Room #Sidway Old Gym

### **YOGA**

### Course #FIF1108 Karen Warner

Yoga is the "in" exercise for the new millennium. It is a simple, natural way to relax, increase flexibility, tone and strengthen muscles, improve circulation, and increase energy. No weird pretzel postures! Wear loose, comfortable clothing or leotard. Bring a beach towel or small mat and sense of humor!

Day: Wed. (6 weeks) Class Begins: January 30

Time: 6:30-7:30

Fee: \$35 SC: \$25 Room # Sidway Old Gym

### CURLING FOR BEGINNERS Course # FIF1208

Curling is a unique winter sport that provides adults with physical activity in a social setting. This course is intended for adults and will be taught by knowledgeable instructors. Wear warm, loose fitting clothing and bring clean running shoes. Fee includes ice time and equipment use. **NOTE:** Be sure to have appropriate identification for border crossing.

### Pre-registration is required. Please call 905-358-6648

Fee: \$50 made payable to NF Curling Club

Two dates/times: Monday, Jan 14 - Monday Feb 4 from 8:45 to 9:45 pm (4 wks for 1 hour per week)

or

Saturday Jan 26 2008 9:30 am to 1:30 pm Location: Niagara Falls Curling Club, 5801 Morrison

Street, Niagara Falls, Ontario

### **BASIC ZUMBA**

### Course # FIF1308 & 1408 Mary Thomas

Zumba combines high energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. It is based on the principle that a workout should be "FUN AND EASY TO DO" in order for Zumba participants to stick to the Zumba fitness program to achieve long-term health benefits. Zumba is not only great for the body, but is also great for the mind. It is a "feel-happy" workout

FIF1308 Day: Monday (10 weeks)
Class Begins: January 28 Time: 8:00-8:45
Fee: \$60 Room # Huth Rd Gym

or

FIF1408 Day: Wednesday (10 weeks)
Class Begins: January 30 Time: 8:00-8:45
Fee: \$60 Room # Huth Rd Gym

### **LAP SWIMMING**

### Course FIF#1508 Staff

Swim at your own pace or program of lap swimming.

Day: Mon. and Wed. (10 weeks)

Class Starts: January 28 Time: 7:00-8:00

Fee: \$50 Room # HS Pool

### FITNESS 101

### Course #FIF1608

This class takes you right into the gym and teaches you how to properly use all of the fitness equipment. You will learn cardio, strength, and flexibility. Class will be held at the M.O.G on Grand Island (M.O.G. 773-1600) Class may be free with certain health insurance plans.

### Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

Day: Thursday Class Starts: Feb. 7 thru March 27

Time: 6:00

Fees: \$56 payable to the M.O.G on day of class Location: The M.O.G on Grand Island \$10 payable to

Community Education

# CERTIFICATION

### LIFEGUARD TRAINING

### Course #COC108 Pat Kostenbauder

This Red Cross course will certify you to become a lifequard. Course includes Life quarding, CPR and First Aid. Please send two separate checks to Community Education. \$70 made payable to Grand Island Schools and \$65.00 payable to American Red **Cross for training.** You must be 16 years

Day: Thursday (10 weeks) and two Mondays to be announced for CPR and First Aid Training Fees: Please see above Class Begins: Jan. 31

Time: 7:00-10:00 Room #Pool/HSRm121B

### INTRODUCTION TO BOATING AND **SEAMANSHIP**

### Course # COC208 Instructor: Niagara Power Squadron - US Power Squadron

BOATSMART is a four week United States Power Squadron® course providing an introduction to boating and seamanship. Learn about required safety equipment, boat handling, rules of navigation, and aids to navigation. This course meets all US Coast Guard and New York State requirements and includes PWC operator certificate. For additional information, please contact Scott Wallace 773-2140.

Cost of \$30 is payable on the evening of the course. Please make check payable to the Niagara Power Squadron. Preregister by forwarding a registration fee of \$10 to Community Education made payable to **Grand Island Schools.** 

Day: Monday (5 weeks) Class Begins: Jan. 28

Time: 7:00-9:00

Fee: Two separate fees see above

Room #HS 183

### **ONBOARD WEATHER FORECASTING** Course # COC308

This is a United States Power Squadron® seminar for boaters intended to introduce a basic knowledge of weather. Topics covered include weather systems, weather trends, and clouds as well as, barometric pressure, temperature, and humidity. Course materials include student handbook, Fundamentals of Weather (courtesy of CPS®), a cloud chart, and a laminated reference guide. For additional information, please contact Scott Wallace 773-2140. Cost

of \$30 is payable on the evening of the course. (Please make check payable to the Niagara Power Squadron) Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

Class Date: February 5 Day: Tuesday

Time: 7:00-9:00

Fee: See Above Room # HS 183

### **USING VHF AND DSC/VHF MARINE RADIO** Course # COC408

This is a United States Power Squadron® seminar for boaters intended to introduce the use of a Marine Radio. Topics covered include what is a marine radio, what is needed to operate a marine and selecting a radio. Course materials include student handbook, interactive CD containing a DSC/VHF Marine Radio simulator, and a laminated reference guide. For additional information, please contact Scott Wallace

773-2140. Cost of \$30 is payable on the evening of the course. (Please make check payable to the Niagara Power Squadron) Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

Day: Tuesday Class Date: February 12

Time: 7:00-9:00

Fee: See Above Room # HS 183

### 5 - HOUR PRE-LICENSING COURSE Course #COC508-COC908 Daniel Gietz

A state certified program that satisfies NYS requirements of five hours of classroom training as a pre-requisite for taking the road test or obtaining a driver's license. A valid permit is required. Driving experience is recommended. Examination must be passed for certification. Limit of 25 students - Registration will be on a first come, first serve basis. Pre-register through Community Education.

Dates available:

Tues., Jan. 15 Course #COC508 Tues., Feb. 12 Course #COC608 Tues., March 11 Course #COC708 Course #COC808 Tues., April 8 Tues., May 13 Course #COC908 Time: 3:00-8:00 Room #HS159

Cost: \$35

### SIX-HOUR DEFENSIVE DRIVING COURSE Course #COC1008 & COC1108 Sam Leone, National Safety Council certified instructor

This course qualifies for a 10% reduction in insurance costs. Insurance premiums are reduced for 3 years. (Group rates available – call 822-0282 for details)

Cost of \$30 is payable in cash or a money order on the evening of the course. Please make payable to the Buffalo/Niagara Frontier Safety Council (personal checks are not accepted). Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

COC1008 Day: Wed. Class Dates: Feb. 6 & 13

Time: 7-10:00

COC1108 Day: Wed. Class Dates: March 19 & 26

Time: 7-10:00

Room #Middle School Little Theatre Fee: See above (two separate fees)

## CERTIFICATION CAREER OPPORTUNITIES

### EVERYWOMEN OPPORTUNITY CENTER, INC. (www.everywoman.org)

- Free Career Counseling
- Job Searching Workshops
- Career Readiness

Training workshops available. Locations in Amherst (837-2260) and Buffalo (847-1120)

### ERIE COMMUNITY COLLEGE

Erie Community College is offering courses at the Grand Island High School. The classes will begin the week of January 22, 2008 and will meet one night per week.

To register or for course information, please contact the ECC Admissions office at the North Campus at 851-1455.

Tuition: \$ 247.50 per course

\*\*\* Register through Erie Community College.
\*\*\* Tuition calculated based on \$125.00 per

credit hour and includes a mandatory \$15.00 Student Activity Fee and \$45.00

Technology Fee.

Textbook and Supplies NOT included

### CREATIVE WRITING 1 EN310

A workshop providing for both prose and poetic self-expression. Students will receive instruction in preparation of manuscripts for publication. Both instructor and peer evaluation will be utilized.



Wednesday, January 23 Time: 6:30 - 9:00

Location: HS Room #187

### ABNORMAL PSYCHOLOGY PS202

Descriptions and theories of the nature and development of behavior disorders and a survey of the techniques in diagnosis and therapy.

Prerequisite: PS100

Class begins: Tuesday, January 22

Time: 6:30 - 9:00 Location: HS Room #187

### **BACKYARD ASTRONOMY**

### Course #SIS108 Tim Williamson

Have you ever looked up into the night sky and wondered what you were seeing? Would you like to know more about how to identify constellations, where and when to look for planets, and how the sky changes throughout the year? Is so, Backyard Astronomy is for you. All you need is an open mind and imagination.

Day: Wed. (3weeks) Class Begins: March 5 Time: 7:00-8:00

Fee: \$15 Room #HS 181

### BIG IDEAS IN PHYSICS Course #SIS208 Tim Williamson

Have you ever wondered why nature works the way it does or what a black hole is or what was Einstein thinking? If so, come to discuss these and other ideas. Bring your curiosity but not your calculator.

No math required! Day: Wed. (4 weeks) Class Begins: January 30 Time: 7:00-8:00

Fee: \$20 Room # HS 181

### AMERICAN HEART ASSOCIATION FAMILY AND FRIENDS CPR Course #SIS308 & SIS408

### **Rural /Metro Medical Svcs**

The Family & Friends CPR program teaches how to perform CPR in adults, children, and infants. In addition it will instruct how to help an adult, child and infant who is choking. This program is designed for family members, friends and members of the general community who want to learn CPR **but do** 

**not need a course completion card.** SIS308 Day: Tues. (2 weeks)

Class Date: Feb. 12 & 26

or

Time: 6-9:00

SIS408 Day: Tues. (2 weeks)

Class Dates: May 13 Time: 6-9:00 Room #HS 181

Fees: \$25 payable to Rural Metro Medical Svcs \$10 payable to Grand Island Community Ed



### MANAGING YOUR RETIREMENT INCOME Course #SIS508

### **Larry Nicolette/ Edward Jones**

This seminar will present strategies for maintaining a stream of income as well as investing for future growth for your retirement.

Day: Tuesday Class Date: February 5

Time: 6:30-8:00

Fee: \$15 Room #HS 179

### LONG-TERM CARE INSURANCE Course #SIS608

### **Larry Nicolette/Edward Jones**

Designed to help individuals understand the fundamentals regarding long term care topics including: What is LTC? What are the chances of needing LTC, and how much might it cost? What are the funding options to pay for LTC?

Day: Tuesday Class Date: February 12

Time: 6:30-8:00

Fee: \$15 Room #HS 179

### AVOIDING THE PENSION/RETIREMENT-INCOME OPTION PITFALLS FOR UNION MEMBERS & PUBLIC EMPLOYEES Course #SIS708

### Christopher Spadafora/New England Financial

Will you be collecting a union, state, or federal pension at your retirement? Learn about your pension income options, as well as potential alternatives, and see what option best fits your overall financial goals. If you are a teacher, plumber, electrician, skilled tradesperson, government worker, or a future recipient of a defined benefit pension, and at least 35 years old, this class is a must to attend.

Day: Tuesday Class Date: March 25

Time: 7:00-8:30

Fee: \$15 Room #HS 179



### INTRO TO BRIDGE Course #SIS808 Art Morth

An introduction to Bridge – the course emphasis is on bidding, starting from very basic concepts. Pre-dealt hands are played in each class to illustrate the topic being discussed.

Day: Thurs. (4 weeks) Class Begins: Feb. 7

Time: 7-9:30

Fee: \$25 Room #HS 179



### EXPLORING THE WORLD OF TEA Course# SIS908 Mary Vescio

Tea is the world's most widely consumed beverage after water. For centuries it has been used to maintain good health, entertain guests, or just soothe the soul. Spend an evening learning the basic types of tea available, how they're grown and processed and the benefits of each type. The class will conclude with a tea tasting of fine loose leaf teas.

Day: Tuesday Class Date: January 29

Time: 7:00-9:00

Fee: \$15 Room # Middle School #174

### FANNIE FARMER'S BOSTON TEA PARTY Course # SIS1008 Barbara Blackburn

In the spirit of the Victorian queen of the kitchen, you will prepare and enjoy a three course tea with finger sandwiches, scones with preserves and cream and mini desserts. Tea will accompany this evening's supper which is really a high tea. Bring an apron. You may choose to bring a favorite cup and saucer. Dress up, too..... A \$5 supply fee payable to the instructor at class.

Day: Monday Class Date: February 4

Time: 6:45 -9:15

Fee: \$15 Room # Middle School 172

### TASTY TORTILLAS Course # SIS1108 Barbara Blackburn

Tortillas are both fun and versatile. We'll use hands on recipes that are user friendly as far as ease and spiciness. In groups you'll make appetizers, main dishes, and desserts. While we taste our creations at our "fiesta" we'll even practice some basic Spanish vocabulary related to food. A \$5 supply fee payable to the instructor at class.

Day: Monday Class Date: March 3

Time: 6:45-9:15

Fee: \$15 Room # MS172

### MICROSOFT WORD Course # SIS1208 Mofei Liu

Learn one of the finest word processing packages since the invention of the computer. Apart from different uses of Microsoft Word, the course will also teach you topics such as tables, clip art, and word art.

Day: Wed. (10 weeks) Class Begins: January 30

Time: 6:30-8:30

Fee: \$55 Room #HS Rm 171

### MICROSOFT EXCEL Course # SIS1308 Mofei Liu

Study the useful skills of Microsoft Excel. Along with the creation and editing of charts, formulas, and worksheets, you will learn to understand the menu and power button features and to enter data, cut copy and paste work with multiple worksheets.

Day: Mon. (10 weeks) Class Begins: January 28

Time: 6:30-8:30

Fee: \$55 Room # HS Rm 171

### PHOTOGRAPHY WORKSHOPS BY CREATIVE CRAFTS SIS1408- SIS2508

The following is a list of photography classes available at the Sweet Home High School. All classes will be held

Location: Sweet Home High School, Room #310 1901 Sweet Home Rd, Amherst, NY

Fees: Please send two separate checks to Grand Island Community Education. \$10 made payable to Grand Island Schools and \$60 or \$70 payable to Sweet Home Community Ed.

Class	Course#	Date	Cost	Time
Basic Photography	SIS1408	Jan.28	\$60	7:00-10:00
PhotoShop II	SIS1508	Jan.29	\$70	7:00-10:00
PhotoShop I	SIS1608	Jan.30	\$70	7:00-10:00
Stage Photography	SIS1708	Jan.31	\$60	7:00-10:00
Winter Photography	SIS1808	Feb.2	\$60	1:00-4:00
Maple Syrup				
Photography	SIS1908	Feb.3	\$60	1:00-4:00
Flash Photography	SIS2008	March 24	\$60	7:00-10:00
Basic Photography	SIS2108	March 25	\$60	7:00-10:00
Photoshop I	SIS2208	March 26	\$70	7:00-10:00
Photoshop II	SIS2308	March 27	\$70	7:00-10:00
Nature Photography	SIS2408	March 29	\$60	1:00-4:00
Springtime				
Photography	SIS2508	March 30	\$60	1:00-4:00

### NIAGARA REGION PARK ENVIRONMENTAL AND HISTORICAL PROGRAMS

The Niagara Region Park Interpretive Programs Office provides the following environmental and historical programs for the state parks in Erie and Niagara Counties. For additional information for Erie County call 826-8895, for Niagara County 745-7848

- Niagara Region Field Trips.
- Niagara Gorge Adventure Hikes
- Nature Programs
- History Programs
- Lecture Programs For **Adult Groups**
- Snowshoeing
- Scout Badge Programs
- State Park Regional Nature Centers



### **GIRLS FAST PITCH PITCHING INSTRUCTION** (BEGINNING)

### Course # JFK108 Joe Henderson

This course is designed to teach girls the basic windmill pitching style through a series of drills, which will enforce the proper mechanics needed to learn this style of pitching. This course is designed for the girl who would like to pitch but has not had any formal instruction. Students must provide a catcher at each class. Ages 9-12

Dav: Mon. (10 weeks) Class Begins: January 28

Time: 6:15-7:00

Fee: \$45 Room # MS Upper Gym

### **GIRLS FAST PITCH PITCHING INSTRUCTION** LEVEL II

### Course #JFK208 & JFK308 Joe Henderson

This course is designed for the girl who has had some previous pitching instruction and is looking to improve her pitching ability. Focus will be on proper mechanics, improving ball speed, and accuracy. Students must provide a catcher at each class. Ages 9-12

Day: Mon. (10 weeks) Class Begins: January 28 Fee: \$45 Room# MS Upper Gym

Course #JFK208 Time: 7:00-7:45

Course #JFK308 Time: 7:45-8:30

### **FUNDAMENTAL AQUATIC SKILLS**

### Course #JFK408 Pat Kostenbauder

This class is for children who are fairly independent in the water, not those that need to adjust to the water. They must be able to stand steadily in the shallow end. We will work on submerging heads, floating, and encourage them to swim independently.

Day: Tues. (8 weeks) Class Begins: January 29

Time: 6:00-6:30

Fee: \$35 Room # HS pool

### **LEVEL 3 STROKE DEVELOPMENT** Course #JFK508 Pat Kostenbauder

This class is for deep end swimmers. We will learn the front and back crawl, and strengthen these strokes. Other strokes will be introduced.

Day: Tuesday (8 weeks) Class Begins: January 29

Time: 6:30-7:15

Fee: \$35 Room # HS pool

### **LEVEL 4 STROKE IMPROVEMENT** Course #JFK608 Pat Kostenbauder

This class is more advanced than level 3. Students must be able to swim rather proficiently and fearlessly in the deep end. We will refine and strengthen the front and back crawl. Other strokes will be introduced and built upon from level 3.

Day: Tues. (8 weeks) Class Begins: January 29

Time: 7:15 -8:00

Fee: \$35 Room # HS pool

### LAP SWIM FOR KIDS

### Course #JFK708 Pat Kostenbauder

This class is a great cardiovascular work out. In order to attend class, student must be able to swim two lengths of pool. Extra help will be given on American Red Cross strokes as well as race training.

Day: Tues. (8 weeks) Class Begins: January 29

Time: 7:15 -8:00

Fee: \$35 Room # HS pool



## JUST FOR KIDS

### **BASIC ARCHERY**

### Course # JFK808 & JFK908 Roger Wright

This course will involve the basics of archery. Included will be archery terminology, archery tackle, protective equipment, and safety. Also, arrow and quiver making will be discussed and implemented. You will shoot daily – get involved and watch your accuracy improve. You will shoot ring targets, 3D animal targets, and aerial targets.

Fee: \$45 Room # Middle School 112

Time: 3:45-5:45

Course #JFK808 Class Begins: March 18

Day: Tuesday (10 weeks)

or

Course #JFK908 Class Begins: March 20

Day: Thursday (10 weeks)

### BASIC ARCHERY-Arrow Construction & Repair Course # JFK1008 Roger Wright

This course will concentrate on all aspects of arrow making and repair. Please contact Mr. Wright for material required.

Day: Tuesday (5 weeks) Class Begins: January 29

Time: 3:45-5:45

Fee: \$25 Room #Middle School 112

### 6TH GRADE MATH ASSESMENT REVIEW Course # JFK1108 Marlaine Kaniecki

Do you need extra help in math? Here is where you can get it. I will be reviewing the 6th grade math curriculum and getting you ready for the State Math Assessment. We will be playing math games and solving logic puzzles. We will also be doing work on the SMART BOARD that parallels what is being taught in class. There will be reviews for tests and benchmarks. Bring your homework questions and get some answers. Day: Saturday

Class Dates: Jan. 26, Feb. 2, 9, March 1

Time: 1:00-3:00

Fee: \$40 Room #MS 113

### **STUDY SKILLS**

### Course # JFK1208 Marlaine Kaniecki

Learn how to study. Study skills can help students accomplish their goals in school. Organizational skill and problem solving will also be improved. Come and unlock the mystery.

Day: Wednesday

Class Dates: Jan.16, 23, 30, Feb. 6 & 13

Time: 3:40-4:45

Fee: \$20 Room #Middle School 400

### BABYSITTER TRAINING Course #JFK1308 & JFK1408 American Red Cross

The Babysitter's Training course from the American Red Cross will teach you everything you need to be a great babysitter. This fun, interactive course teaches first aid and safety skills so you can prevent and respond to emergencies. Targeted for students 11-15 years old.

Students who successfully complete the program will receive a text, first aid kit and certificate. Please send two separate checks to Community Education. \$69 made payable to American Red Cross & \$10 registration fee payable to Grand Island Schools (\$10 Red Crossdiscount for Independent Health members.) Two sessions now available:

Fees: Please see above (two separate checks required)

Room #HS182 Time: 6:00-9:30

JFK1308

Day: Thursday (2 weeks) Class Starts: Feb. 7

or

JFK1408

Day: Wednesday (2 weeks) Class Dates: April 2

### SPANISH FOR THE ELEMENTARY YEARS-CULTURE KIDS

### Course #JFK1508, 1608, 1708 Instructor: CultureKids teaching team

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the students ability to absorb rather than translate the language. If you have taken a CultureKids class previously, new vocabulary is introduced with each session - sessions are NOT a repeat. Join the fun!

Registration forms will be sent home with the K-5 students in early January. Classes begin the first week of February. Please call CultureKids at 523-9538 if you have any questions. Classes are held after-school in each of the elementary schools.

Huth Rd. Media Center – Tues. 3:45p.m. – 4:25p.m. Kaegebein Media Center– Weds. 3:45p.m. – 4:25p.m. Sidway Computer Lab– Thurs. 2:45p.m. – 3:25p.m.

### EXERCISE PROGRAM FOR CHILDREN Course #JFK1808 & 1908

Even the smallest Americans are getting bigger. With this in mind the M.O.G. is offering a 12 week session which includes screening for flexibility, strength and cardio fitness. Class will be held at the M.O.G on Grand Island. (773-1600) Class may be free with certain health insurance plans. Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

JFK1808 - age 6-8

Day: Mon/Wed / Fri (12 weeks)

Class Starts: Jan14 Time: 4:00

**JFK1908** - age 9-12

Day: Tues/Thur/Sat (12 weeks)

Class Starts: Jan 15 Time: 4:45 & 11:30

Fees: \$180 payable to the M.O.G on day of class Location: The M.O.G on Grand Island \$10 payable

to Community Ed.



### COURSE ONLINE

### **ONLINE COURSES**

The following online classes are offered through a partnership with ed2go! These online courses are completed in the privacy of your home at your convenience. The courses start once a month. Each course runs for 6 weeks and consists of 12 lessons. During the dates the classes are offered you can work as many hours and days as you want. The classes are taught by well-screened instuctors and are self-paced.

Cost for each course: \$79. Session Start Date: Jan.16th or Feb.20th, 2008.

### Registration Process:

- Mail in your registration along with payment to Community Education and specify your selection for class start date.
- Then go online to **www.ed2go.com/gice** and follow the class orientation for the course you have selected.
- Once you have completed your orientation, the Community Education office can verify that payment has been received and you can take the course you have selected.

Below is a listing of the most popular courses Ed2go has to offer. (For additional class offerings not listed or a more in-depth class description go to www.ed2go.com/gice).

Creating Web Pages ONL108

Accounting Fundamentals ONL208

Speed Spanish ONL308

Introduction to Microsoft Excel 2003 ONL408

Medical Terminology: A Word Association Approach ONL508

A to Z Grant Writing ONL608

Introduction to QuickBooks 2007 ONL708

Grammar Refresher ONL808

Introduction to Microsoft Access 2003 ONL908

Learn to Buy and Sell on eBay ONL1008

Computer Skills for the Workplace ONL1108

Introduction to PC Troubleshooting ONL1208

Effective Business Writing ONL1308

Administrative Assistant

Fundamentals ONL1408

Real Estate Investing ONL1508

Photoshop Elements 5.0 for the Digital Photographer ONL1608

Intro. to Microsoft PowerPoint 2003 ONL1708

Fundamentals of Supervision and Management ONL1808

Get Assertive! ONL1908

Start and Operate your own Home-Based Business ONL2008

Human Anatomy and Physiology ONL2108

GED Preparation ONL2208

Intermediate Microsoft Access 2003 ONL2308

Ready, Set, Read! ONL2408

Creating a Successful Business Plan ONL2508

Writing for Children ONL2608

Wow, What a Great Event! ONL2708

Introduction to Windows XP ONL2808

Introduction to Java Programming ONL2908

Introduction to Networking ONL3008

Debt Elimination Techniques That Work ONL3108 **GMAT Preparation ONL3208** 

An Introduction to Teaching ESL/EFL ONL3308

Introduction to the Internet ONL3408

Stocks, Bonds, and Investing: Oh, My! ONL3508

Introduction to Natural Health and Healing ONL3608

Personal Finance
ONL3708

Become a Veterinary Assistant ONL3808

Starting a Consulting Practice ONL3908

Designing Effective Websites ONL4008

Write Fiction Like a Pro

Listen to Your Heart, and Success Will Follow

Achieving Top Search Engine Positions ONL4308

Beginning Conversational French

Keyboarding ONL4508

**ONL4408** 

**ONL4208** 

Get Paid to Travel ONL4608

### Grand Island Community Education Registration Form — Winter 2008 (Please Print)

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